

## INICIADO - F

| Prova              | Atleta                    | Marca   | Data       | Local      | Org.  |
|--------------------|---------------------------|---------|------------|------------|-------|
| <b>60 M</b>        | <b>PC</b> Teresa Carvalho | 8.17    | 2010-03-06 | Alpiarça   | AAS   |
| <b>80 M</b>        | Teresa Carvalho           | 10.52   | 2009-06-10 | Lisboa(I)  | AAL   |
| <b>100 M</b>       | Teresa Carvalho           | 12.35   | 2010-05-15 | Lisboa(AL) | AAL   |
| <b>200 M</b>       | Andreia Serra             | 27.98   | 2001-07-15 | Malta      | FISEC |
| <b>250 M</b>       | Teresa Carvalho           | 34.0    | 2010-05-02 | Lisboa(AL) | AAL   |
| <b>300 M</b>       | Catarina Bastos           | 44.23   | 2000-06-11 | Lisboa(U)  | AAL   |
| <b>800 M</b>       | Solange Fernandes         | 2 28.28 | 2004-06-16 | Massama    | JOMA  |
| <b>1000 M</b>      | Solange Fernandes         | 3 07.02 | 2005-05-15 | Lagos      | FPA   |
| <b>1500 M</b>      | Solange Fernandes         | 4 58.36 | 2005-05-21 | Leiria     | DE    |
| <b>60 MB(76)</b>   | Teresa Carvalho           | 9.61    | 2010-01-09 | Lisboa(U)  | AAL   |
| <b>80 MB(76)</b>   | Marisa Anselmo            | 12.39   | 2002-03-23 | Lisboa(U)  | AAL   |
| <b>100 MB(76)</b>  | Marisa Anselmo            | 15.48   | 2002-07-23 | Malta      | FISEC |
| <b>250 MB(76)</b>  | Teresa Carvalho           | 41.47   | 2009-06-06 | Lisboa(AL) | AAL   |
| <b>300 MB</b>      | Catarina Bastos           | 46.36   | 2001-06-03 | Lisboa(U)  | AAL   |
| <b>Altura</b>      | Marisa Anselmo            | 1.79    | 2002-05-11 | Funchal    | AARAM |
| <b>Comprimento</b> | Teresa Carvalho           | 5.75    | 2010-05-16 | Lisboa(AL) | AAL   |
| <b>Peso(3)</b>     | Ana Valente               | 10.30   | 1997-05-01 | Lisboa(U)  | ???   |
| <b>Disco</b>       | Ana Emilia Silva          | 26.02   | 2000-05-01 | Lisboa(U)  | AAL   |
| <b>Dardo</b>       | Ana Margarida Canh        | 19.07   | 2005-06-11 | ???        | AAL   |
| <b>Dardo(500)</b>  | Joana Rabaçal             | 27.18   | 2005-04-23 | Obidos     | FPA   |
| <b>Heptatlo</b>    | Teresa Carvalho           | 3788    | 2010-04-10 | Lisboa(I)  | AAL   |
| <b>Triatlo</b>     | <b>PC</b> Marisa Anselmo  | 1736    | 2002-01-05 | Braga      | FPA   |
| <b>4x80 M</b>      | Andreia Serra             | 43.94   | 2002-03-01 | Lisboa(U)  | ???   |
|                    | Ana Gil                   |         |            |            |       |
|                    | Inês Santos               |         |            |            |       |
|                    | Marisa Anselmo            |         |            |            |       |
| <b>4x100 M</b>     | Andreia Serra             | 51.17   | 2001-06-02 | Maфра      | FPA   |
|                    | Marisa Anselmo            |         |            |            |       |
|                    | Ana Gil                   |         |            |            |       |
|                    | Catarina Bastos           |         |            |            |       |